



# TRAINING COURSES

Our courses are designed for education providers, businesses, parents, carers, and neurodivergent individuals. They focus on building understanding of neurodiversity and providing practical tools to create inclusive environments where everyone can thrive.

You can choose between interactive online sessions (via Zoom or Eventbrite) or in-person delivery, adapted for classrooms or business settings. Sessions work best with groups of up to 25 participants to encourage discussion and personalised learning. For larger groups, we'll be happy to discuss tailored options and pricing

## Supporting Your Neurodivergent Child: Monthly Practical Tools that Change Everyday Life

These bi-monthly sessions are for parents and carers who want clear understanding and practical tools that help at home and in school. Each month is a deep dive into one topic; with strategies you can use immediately.

**Format:** 90 minutes virtual session using Eventbrite

**Audience:** Parents and carers of neurodivergent children and young people.

### What you'll get each month

- Clear teaching in plain English
- What might be happening underneath the behaviour
- Practical home strategies you can trial this week
- Language and scripts for home and school
- Live Q&A

### Examples of topics

Navigating the new SEND and OFSTED reforms

Accessing Support or a Diagnosis

After School Restraint Collapse and Decompression

Routines & Transitions

## Investment

£20 per person / 30 spaces per session.